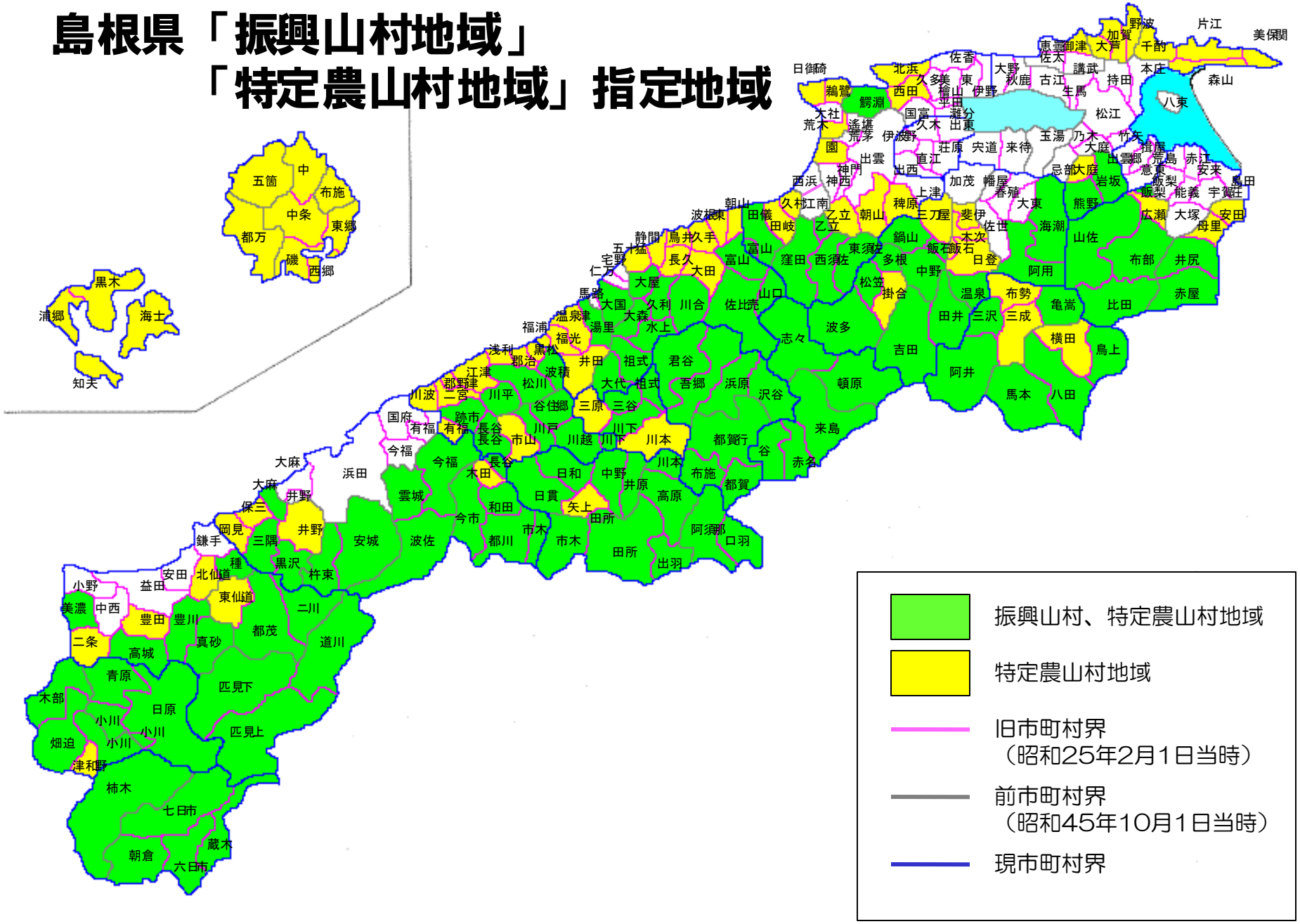島根県「振興山村地域」「特定農山村地域」指定地域